

## Be aware of a deadly killer running around – Focus on COVID-19

### How COVID-19 is transmitted

#### Transmission

Coronaviruses are zoonotic, meaning they are transmitted between animals and people.



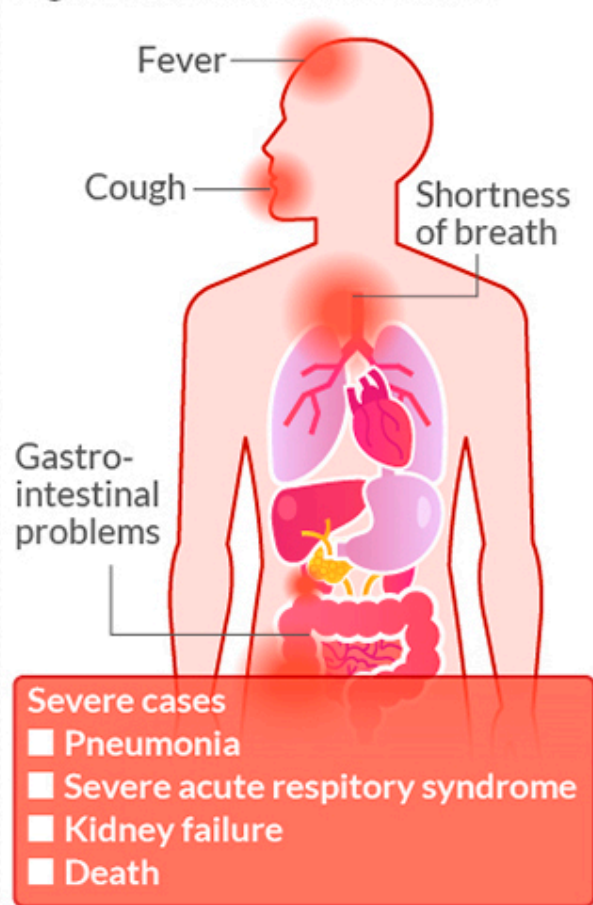
#### Human-to-human transmission:

Coronaviruses are most commonly spread from an infected person by:

- Coughing and sneezing.
- Close personal contact such as touching or shaking hands, followed by touching your own face.
- Touching an object or surface with the virus on it, and then touching your mouth, nose, or eyes before washing your hands.
- Fecal contamination.

Source: WHO, CDC

#### Signs of coronavirus infection



**However**, no panic, just avoid killing your precious time in congested public spaces and rediscover the basic sanitary protocols. You should be fine.



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